

## Stories & Testimonies

*“I can’t sleep and I haven’t eaten in two days. Can you help me?”* The firefighter was going through a rough time. At age fifty, he retired from one career to fulfill a life-long dream. On one of his first calls as a volunteer firefighter, he had helped drag several dead bodies from a burning house. He had not had any severe reactions to that traumatic situation. Now, a few years later, after a motor vehicle crash in which two people were killed, he was struggling to cope. The chaplain had received training in Critical Incident Stress Management, and set up a time to talk with him. The chaplain sought God for spiritual help for this suffering firefighter, and God helped them. Over several hours, they worked through some issues the firefighter was having. As they concluded their time together, they prayed. The next day, the chaplain checked up on his friend. The firefighter said he had “slept like a baby” and his eating was back to normal. God had used the chaplain's training and his caring heart to make a difference in the life of a troubled soul.